



# Newsletter

## good samaritan clinic of Haywood County

December 2009

### Unique Ways to Give



Wilma Southerland presents a donation to Dr. Don Teater at August 2009 benefit.

[www.onyxmassage.com](http://www.onyxmassage.com)

[www.deletedowntime.com](http://www.deletedowntime.com)

[www.daltonschristianbooks.com](http://www.daltonschristianbooks.com)



**It is exciting to see others step up when you are in need!** Since 1999 GSC has helped the uninsured in Haywood County get healthcare. In June 2009 GSC found itself almost \$42,000 behind the fiscal year budget and had to cut hours by 40%. In response, the community got creative and many individuals and businesses came up with fun ways to help us open the doors again.

- Dalton's Christian Bookstore gave patrons the opportunity to gift to GSC at check-out. Their store was papered with the GSC logo from September – November and the funds raised will be used to keep the doors open at GSC.
- Our executive director, Donda Bennett, gave presentations to many local VBS programs. "It's amazing what Clifford the Big Red Dog has to share with children about being uninsured!"
- Wilma Southerland and Company held a variety show at the armory to benefit GSC.
- Several area churches responded with financial gifts and offerings in response to our cutbacks.
- Individuals like Jennifer Burns offered massages at the Waynesville Apple Festival and donated the funds to GSC. Even groups like the Haywood County Bar Association and the Fines Creek Community Club found room to give to GSC.

#### What does a mile look like?

If you place pennies side by side it would take 84,480 pennies to make a mile. That same \$844.80 is equal to the average family of four's insurance premium for two months. **Flip the coin!** To the uninsured in Haywood County that same \$844.80 will allow GSC to provide a full day of patient care. What a difference \$844.80 can make when you walk a mile in your neighbor's shoes!

#### Need an idea of how you can help?

Jon Feichter of New Meridian Technologies has decided to donate \$1 for every service hour in 2010 to GSC! He is also going to encourage his employees to be donors to GSC. New Meridian will match their contributions dollar for dollar! These principles can be applied to any business! Give a \$1 for every 10<sup>th</sup> customer, hair-cut, or product sold!

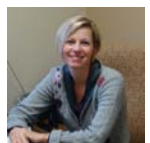
#### HRMC Shows Support for GSC

Haywood Regional Medical Center has worked with GSC for a number of years by providing lab services at no cost to the patient. Last fiscal year they provided over \$20,660 in free lab services to uninsured patients. In 2009 HRMC expanded their giving by offering to assist GSC in the office and medical supplies that they order monthly. "Supplies that are necessary for patient care are a large expense for the clinic," said Hank Kumpf, Treasurer. "From table paper to copier paper it takes a lot to provide quality patient care." No one understands this better than HRMC. Imagine what it costs to operate a single floor of the hospital. Gene Winters, Chief Financial Officer of HRMC, contacted GSC over the summer and offered to help. HRMC was also the biggest sponsor of the 2009 Fall Fundraiser held by Mountaintop Healthcare where 50% of the funds were split between the two nonprofits.



**Apply this at home?** Tell your basketball player that you will give them \$1 for every basket made and that you will match that \$1 with a gift to GSC. Ask your child to memorize the books of the Bible and give a \$1 for every book they recite in order! Give \$1 for every 'A' on their report card! There are many opportunities to give and to teach your children about giving!

Patricia Markoff, DrPH began providing nutrition consults to patients of the Good Samaritan Clinic in September. She works with patients who are diagnosed with diabetes, high blood pressure, high cholesterol and those who need help with weight management. "What many don't realize is that weight loss thru dietary changes and exercise can completely eliminate the need for medications with many lifestyle diseases. It is exciting to see patients make changes that make them feel better and improve their quality of life," says Markoff.



## In Honor Gifts

### Richard Mullany

Toni Mullany

### Mrs. Mabel Green

Glen and Nancy Arrants

### Ginny McNair

Arnold Stanley  
Nancy Mazzarella

### Sharon Burgin

Pauline McDowell

### The Hoffers

Don and Martha Teater

### Marjorie Malzahn

Don and Martha Teater

### Charles and Ruby

Haynes  
Fred and Bina Cogdill

### Rev. and Mrs. Thomas

Kemp  
Ernestine Broyles

### Butch and Kathy

Franklin  
Jack and Vivian Kelley

### F. J. Martin

Helen Luckadoo

### Jack and Vivian Kelley

Marguerite Metcalf

### Don and Martha Teater

Leonard and Lisa Verges  
Frank and Patricia Brantley  
Walton Garrett  
Helen Luckadoo  
Mary Gardner  
William B. Owen

### Andy and Phyllis Teater

Don and Martha Teater

### Bob and Dorothy Teater

Don and Martha Teater

### Glen and Judy Harris

Don and Martha Teater

### Rev. Tim Lolley

Robert and Mary Jane Allen

### Sue Keck

Myrna Roberts

### Douglas and Linda Kay

#### Moore

Jack and Vivian Kelley

### A.E. Plott

Helen Luckadoo

### Harry Corpening

Elizabeth Perry

### Dick and Mary Jo Maples

Marguerite Metcalf

### Jeanie Sims

Roberta Toole

### Rev. Lyn Sorrells

Horwood and June Myers

### Louise Harrison

Helen Luckadoo

### Bo Prevost

Helen Luckadoo

### Janie Galloway Martz

Betty Galloway

### Carroll and Bernice

Smathers  
Larry Ammons

### Betty James Perry

Helen Luckadoo

### Don and Elizabeth Norris

Glen and Nancy Arrants

### John Nerney

Helen Luckadoo

### Lake Logan Staff

Lake Logan Episcopal  
Center

### Mrs. Shirley Gaddis, RN

Michael Rey, MD

### Norm and Barbara Yearick

Jon Parsons  
Marguerite Metcalf

### Julia Williams

Susan Lynn Hale

## In Memory Gifts

### Glen Arrants

David and Susan McBride  
Marguerite Metcalf  
Roger and Marion Sparling  
Helen Luckadoo  
Virgil P. Stewart, Jr.  
Jack and Vivian Kelley  
Bethany Sunday School Class  
Glenn Brown  
Marjorie Freeman  
Robert T. Kimsey

### Alice Clement

Eileen Leatherwood

### Diane Gantt

Deetta Eberhardt

### Ruth Trantham

Baraca Bishop Sunday School  
Marcia Zucker  
Pamela Queen  
Lisa Carver  
Canton First Baptist Church  
Lucile P. Dale  
Kemet  
Doug and Amy Trantham  
James and Barbara Buchanan  
George Reynolds  
Linda Robinson  
R. W. Hannah  
Joe Haynes  
Harley Miller

### Ann Lowry Murphey

Jon Parsons

### Agnes Mueller

Armelda D. Barlow

### Margaret Carpenter

Paul and Margaret Rathbone

### Clara Annich

Nancy Downey

### Beverly Posthumus

Harold and Gale Holt

### John Christy

M L Coulter

### Geraldine Earley

Jerry and Marta Riddle

### Kemp Pettyjohn

Sydney Pettyjohn

### Nathan Headrick

Mary W. Haynes

### Lois Curtis

Fines Creek Methodist

### Mrs. Wade

Fines Creek Methodist

### Tommy Russell

Luzean Russell

### Alice Woodard Clement

Eileen Leatherwood

### William P. Burgin

Margaret N. McGirt

### Joe Teater

Don and Martha Teater

### Walt Malzahn

Don and Martha Teater

### Irene Morrell

Susan Lynn Hale

### Agnes Miller

Armelda D. Barlow

### Patricia Gail Young

Maxine Freeman

### Jim Long

Susie and Skeeter Curtis

### Madison Paris

Diana Duclos

### Allen Angel

Terry Hall

### Esther Reed

Jeanne Devlin

### Norma Gay Dale

Nancy Downey

### Mary Anna Wilkinson

Matilta Griffin

### Lucas Cook

Michael Rey, MD

### Rochelle Robinson

Matt and Debbie Robinson

### Alwayne Claybrook

Jack and Vivian Kelley

### Benjamin Cay Cable

Bethel Baptist Church

## Clinic Counseling Program Going Strong

We are grateful for recent grant money that has allowed us to expand our counseling services. Martha Teater now oversees a staff of four part-time counselors who provide counseling to our patients at no cost to the patient.

All clinic patients are eligible to receive individual counseling through our highly qualified therapists.

Art Dosch, Terry Matre, Linda Comer, and Luella Heetderks are the current clinic counselors. Art, Terry, and Linda have master's degrees while Luella is a graduate student in the counseling program at Western Carolina University. Our counselors work closely with our medical staff to provide comprehensive and complete care to our patients.



Martha Teater, MA



Art Dosch, MA



Louella Heetderks, BA



Linda Comer, MS



Terry Matre, MSW

## Volunteers Make All The Difference

**Jeannie Jicha, NP** has been volunteering with GSC for over a year. She has worked for a number of years in primary care and enjoys caring for our acutely ill patients one day a week. **Michael Rey, MD** (photo unavailable) is a retired ER physician who volunteers his time in the Canton clinic every Monday. The addition of these two providers helps GSC provide twelve additional appointments each week.

